



ORANGE COUNTY SHERIFF

Sheriff Jerry L. Demings

NOTIFICATION OF INJUNCTION SERVICE



The Orange County Sheriff's Office has recently served your Injunction for Protection on the Respondent (abuser). The next 72 hours are a critical time for the safety of you and/or your family. Please ensure you have taken the steps necessary to protect yourself and/or your family. Be prepared to enact your safety plan should the need arise. As a reminder, please review the items listed on the reverse side for your safety and protection.

EMERGENCY 9-1-1

For support, contact:

The Harbor House of Central Florida
24 Hour Hotline at 407-886-2856
or Statewide at 800-500-1119.

Safety Plan for Victims of Domestic Violence

Safety planning helps develop tools in advance of potentially dangerous situations. Choose only the suggestions listed that are relevant for your situation.

Safety During an Explosive Incident

- ◆ Go to an area that has an exit - not a bathroom (near hard surfaces), kitchen (knives), or near weapons.
- ◆ Stay in a room with a phone. Call 911, a friend, or a neighbor, if necessary. Inform them if there are weapons in the home.
- ◆ Know your escape route. Practice how to get out of your home safely. Visualize your escape route.
- ◆ Have a packed bag ready. Keep it hidden in a handy place in order to leave quickly.
- ◆ Devise a code word or signal. Tell your children, grandchildren, or neighbors the code word so you can communicate to them that you need the police.
- ◆ Know where you're going. Plan where you will go if you have to leave home, even if you don't think you'll need to.
- ◆ Trust your judgment. Consider anything that you feel will keep you safe and give you time to figure out what to do next.

If You Decide to Leave, Take These With You

- ◆ Marriage licenses, driver's licenses, birth certificates - yours and your family's
- ◆ Money, checkbooks, credit cards, ATM cards, mortgage payment book, car title
- ◆ Social Security card, work permit, green card, passport, visa
- ◆ Divorce, custody papers and copy of protection order
- ◆ Insurance papers and medical records
- ◆ School and health records
- ◆ Keys - house, car, office, friend's
- ◆ Medications, glasses, hearing aids needed by you and your family
- ◆ Personal items - address book, pictures, toys
Benefit card

Safety at Home

- ◆ Upgrade your security system. Change the locks on doors and windows. Consider a security service, window bars, etc.
- ◆ Have a safety plan. Teach your children or grandchildren how to call the police or someone they can trust. Have a secret code word that you and your children can use to communicate trouble.
- ◆ Change your phone number. Screen your calls if you have an answering machine or caller ID. Save all messages with threats or that violate any orders.
- ◆ Talk to neighbors and landlord. Inform them that the abuser no longer lives with you and that they should call the police if they see the abuser near your home.
- ◆ Tell schools and childcare. Let them know who has permission to pick up the children. Provide a picture of the abuser, if necessary.

Safety at Work

- ◆ Tell somebody. Decide who at work you will inform of your situation. This may include office security, if available. Provide a picture of the abuser, if necessary.
- ◆ Screen your calls. Arrange to have someone screen and log your telephone calls, if necessary.
- ◆ Make a safety plan. Create a safety plan for when you enter and leave your work place. Have someone escort you to your vehicle or other transportation.